

For Goulash

- beef for stew
- Hungarian sweet paprika powder
- Hungarian paprika style fresh yellow pepper
- celeriac (celery root or parsley root)
- red wine
- liquid smoke flavoring (if not cooked over wood fire)
- hot pepper

For Rosemary Roasted Roots

- fresh rosemary
- beets
- other root vegetables

For Brussels Sprouts

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For Bruschetta

- kalamata olives
- basil, fresh
- french bread

For Kukumber Pickles

- cucumbers
- fresh dill
- sugar

For Quiche Yin Yang

- Greek yogurt
- red bell pepper
- spinach
- cheeses (sharp cheddar)
- coconut (if dessert)
- sweetened condensed milk (if dessert)

