Tidesby Muriel Anderson©2023 Muriel Anderson, Heartstrings Attached Music, BMI

Making our way down east, Running from a storm Running from the pace of change Halfway to Roque, upwind into port I drop my anchor down and row to shore When an old voice calls from the pier Say, there's something that everybody here knows

The tides will rise and fall 11 feet or more Pull your tender high up on the shore Current running strong, swifter yet today Full moon reflecting clear across the bay Then to pull away & leaving just a trace of silver sand Water lines beneath its eyes, Water lines beneath its eyes

Tides, tides, Be mindful of the time, and know that you may be High, low, All at once I understand Much of life will ebb and flow

Long about 4am, Laying awake in bed Thinking of what I should have said All of the things gone wrong suddenly come in a wave as one A cycle that is so hard to shake Then the morning shines in to say There's beauty to balance all the darkness (optional harmony)

The tides will rise and fall 11 feet or more Pull your tender high, high up on the shore Tides, tides, All at once I understand much of life will ebb and flow No need to tie my heart up in a knot Ease it gently from the rocks History will show soon again the tides will flow

Tides, tides, ooo High, low, all at once I understand much of life will ebb and flow Much of life will flow like tides